



# SAVE A FAMILY PLAN

IN INDIA SINCE 1965



## Season of Lent 2025

Emphasize the preferential option for the poor by partnering with Save A Family Plan to serve impoverished people and villages in India

*Save A Family Plan is a Canada-based registered charity with supporters across the globe. We work directly with impoverished families & communities in India to transform lives through sustainable incomes, clean water, hygiene and sanitation, safe housing, and more.*

Save A Family Plan (SAFP) encourages classrooms, schools, and social justice groups to learn about poverty and to take action by raising funds and awareness for sustainable development projects. Students can research interesting topics, learn in a meaningful and fun way, and gain philanthropic values that will shape their young lives.

In learning about sustainable development, students can explore various poverty-related issues and the real-world solutions that address them.

### Ways to get involved

Last year, a local school shared their amazing results with us:

*“Save A Family Plan provided that perfect opportunity for us to focus our Lenten fundraising efforts. Using concrete goals that our students could connect with (clean drinking water and the opportunity to go to school), the Social Justice Leadership Team ran a series of school-wide ‘Spirit Days for Change.’ Each of these days were filled with fun, a theme, a chance to build relationships and a chance to make a donation of spare change. Students were encouraged to preform acts of service to earn spare change and, even when they didn’t have change to spare, they were always able to support our mission with prayer. These days culminated with our epic TAPE-A-TEACHER to the WALL event!*

*“We nearly QUADRUPLED our goals! This really resonated with our students - we worked together here, in our little community of St. Vincent de Paul and our efforts will make an incredible impact to a community across the world! Our Spirit really did create CHANGE!”*



Set your own classroom or group goals and make plans on how to reach your targets. Why not challenge other groups or schools to participate in this challenge?

(see over...)

For your consideration, here are some of the projects that SAFFP is currently promoting this year:

- One month's support for a family starting a small business: \$25
- Household water filters \$60
- Children's education \$70
- Bio-gas kitchen stoves \$350
- A sewing machine & training course for women \$500

### Sample fundraisers:

- Bake sale, Chili cook-off, fundraising lunch, etc.
- Raffle or draw; used book and game sales events
- Dance or movie event with ticket and concession sales
- Talent show, art show, trivia event, gaming championship
- Students versus Teachers competition
- Read-a-thon, Walkathon, or similar fun events
- Classroom challenges (i.e., raise funds for two water filters)
- Partner with a local restaurant for a, possibly with an Indian theme!
- Spirit Days (pay a Loonie or Toonie to wear a silly hat, etc.)

### Suggested topics on poverty and social justice:

- ✓ The causes and cycles of poverty
- ✓ Facts about living in poverty – hunger, malnutrition, water safety, sanitation, housing, education, infant and child mortality, physical and mental healthcare
- ✓ Particular challenges for women, girls, children, and elders
- ✓ Colonization, geopolitics, caste system, gender disparity, stigmas associated with poverty

### Catholic formation:

- ✓ Our calling to be agents of God's love: "Just as you did it to one of the least of these who are members of my family, you did it to me."
- ✓ Give gifts of time, talent, and treasure to help make life better for others.
- ✓ Educate parents about how supporting Save A Family Plan's work contributes to their child's learning and moral development

### Civic activism:

- ✓ Learn how one small local fundraiser can impact lives
- ✓ Understand how domestic and foreign government policy can impact the work being done
- ✓ Charity "handouts" versus sustainable development and cooperative empowerment
- ✓ Become a change agent through activism and participation

### Contact Us

If you have questions or would like to request a presentation, please do not hesitate to contact us. Email [info@safp.org](mailto:info@safp.org) or phone us at 519-672-1115. Our website is [www.safp.org](http://www.safp.org).